

SHAPE: Master-Crafted for Ministry

Discovering My Passions

A passion is a value that holds significant meaning to you or an activity that you enjoy doing. These could be specific (my spouse) or more general (physical fitness). List the first 3 things that come to mind regarding your current passions.

I'm passionate about _____

I'm passionate about _____

I'm passionate about _____

Spiritual EKG

LISTENING TO WHAT MAKES MY HEARTBEAT

Discovering our deepest passions requires us to take an introspective look at our history, desires, and innate preferences. To do this, take some time to answer the questions below.

MY HIGHLIGHTS OF THINGS I DID WELL AND ENJOYED DOING...

As a child:

As a teenager:

As a young adult:

As an adult:

What do I have a heart for or what motivates me most?

I love to..

Who do I love to work with most (e.g. age group)?

What are some church issues, ministry ideas, or community needs that excite or concern me the most?

If I know I could not fail, this is what I would attain to do for God with my life:

MY DEEPEST PASSIONS

Based upon the exercise you just completed, list and describe your top 3 passions.

I'm passionate about _____

I'm passionate about _____

I'm passionate about _____

RECORD YOUR TOP 3 PASSIONS ON THE SPACES PROVIDED UNDER HEART IN YOUR SHAPE PROFILE (LOCATED AT THE END OF THIS BOOKLET.)